

# Atlanta Friends Meeting Newsletter



Meeting for Worship  
Each First Day (Sunday)  
10:00 - 11:00 a.m.  
701 W. Howard Ave.  
Decatur, GA 30030

**MAY 2010**

**Query:** Do you attempt to develop and apply nonviolent practices in all relationships? Do you maintain Friends' testimony against military preparations and all participation in war? In what ways do you support young people who are considering military service or being solicited by military recruiters?

## **How I Center in Meeting For Worship**

(And Why We Should Share This Type of Information With Each Other) by Georgia Lord

Lots of long term attenders of the Meeting have recounted their first experiences with Quaker Meeting for Worship as one in which they found it easy to slip into a meditative state. Not for me. I struggled for a long, long time with learning how to center. I loved the community and the people. I saw that participation in the Meeting seemed to be guiding my life in a good direction. I was proud to support and assist in the Meeting's work. When I sat in Meeting for Worship, though, I struggled.

Not being one to be silent about my concerns, I asked for advice. Repeatedly. I got some well-intentioned advice from a variety of people and followed it, but did not find the practical "how to" guidance I sought. I heard I should "wait expectantly" in Meeting and tried to do that – only to find it drove me crazy to sit in a perpetual state of mentally searching the air around me, waiting for who-knew-what. Other suggestions passed along from meditation classes also left me floundering. At an AFM retreat workshop on how to center I gathered eagerly with others who were also struggling with worship. We shared comments on how it was frustrating to feel left out and not know how to participate. Unfortunately, since all of us who attended the workshop were "worship impaired", no one was there to give us any guidance on what to try next. We ended up feeling helpless and breaking up early.

It was all a little embarrassing. I remember one particular meeting for worship when I mentally struggled and struggled to find a leading. I felt such profound discouragement that I was prompted to speak, asking aloud, "Why do I seek to be led, yet feel no leading?" No one said anything to me about it afterwards, which increased my sense of isolation and discouragement.

My big breakthrough came during a Friends General Conference workshop. We would worship and then discuss what each of us had individually experienced during that worship time. One day I felt a special stillness and a sense of being enfolded in something. In the discussion that followed another member of the group (one who seemed to carry a sense of peace with her) described how she had looked across at me during worship and was struck with a feeling that I was "so dear". She had held me in worship for a time. In that smaller group, with several "weighty Friends" anchoring the room in a rich spirit of worship, and one special woman holding me in the Light of her spirit, I had been able to grasp what I had been seeking so hard. This experience then made it much easier for me to find it again.

I found that I can center by sitting still, with my hands open, and focusing on the outer surface of my skin: becoming very aware of it, and picturing a field of energy around it that connects me with others. As I focus more on this image of a field of positive energy enfolding me I feel a sense of warmth and energy on my skin. It builds a feeling of being connected with others present. I extend a sense of love and energy and support to those present. The sense of energy around me grows, and the sense of being enfolded in something supportive and protective increases, even though I feel increasingly connected with others.

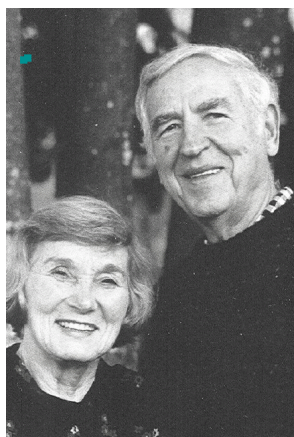
I find that this centered feeling comes more easily when I am with others who are centered, and that it is particularly accessible when I am in a small group of still, deeply centered worshippers. I have also found that it has become easier as I have worshiped more frequently. My experience indicates that attenders who are  
(continued on next page)

struggling with centering may wish to ask for a small group to gather with them for worship for a time.

I make no claim that this method is the best or the only path to centering. Other paths suit other worshipers. I encourage all of us to share specific information with each other about our individual experiences with worship, both times of apparent spiritual drought and times of excitement or fulfillment. By offering such sharing we can help each other discover new dimensions of Light. This is an important part of what it means to be part of the same spiritual community. Yes, it can feel awkward to try to put our worship experiences into words and to share such personal information with others, but it is nonetheless important to do.

If you are struggling with finding your way into centered worship, ask for help. You may find that the first people you go to are not able to offer help that is a good fit for you. If so, keep looking. Look with a sense that new discoveries may await you around the corner, rather than with the sense of frustration and self-doubt that captured me. After all, part of what it means to be a Quaker is that we do not agree on all of the answers, but we seek them together.

## Announcements



The seven children of Britt and Nan Pendergrast celebrated their parent's 70th wedding anniversary with a glorious gathering of friends and family on a glorious day. The site was the Pendergrast home and spring gardens. Jill, John, "Nan-Kin," Mark, Blair, Scott and Craig, their children and the many grandchildren were

wonderful hosts. Natives of Atlanta, they met when Nan was 14, but Britt waited until Nan was 20 before marrying. One of the many highlights was the presentation of the book, **Neighborhood Naturalist** with many pictures of Nan's garden, that Nan had written and Mark published for her. It will be available on Amazon soon.

**The Educational** Scholarship committee welcomes applications for post high school scholarships for vocational or academic programs by May 15, 2010. Please email Caroline Morris at [cfm888@bellsouth.net](mailto:cfm888@bellsouth.net) or call her at 404-633-4054 so we can send you an application. The committee also welcomes donations to make these scholarships possible. We hope to be able to offer up to \$500 for each student for the School year. Call or email Caroline for more information.

**Forum:** "African American Membership in the Religious Society of Friends" 5/23 at 11:45 AM in the Library

Friends were active both in the Abolition Movement and in the Civil Rights struggle. Yet the Religious Society of Friends has been and remains a mostly white institution. Have you ever wondered why there are so few African American Friends? Come to a forum on Sunday, May 23, to discuss some of our history. We will review a summary of Chapter Six of *Fit for Freedom, Not for Friendship: Quakers, African Americans, and the Myth of Racial Justice*. Then we will read and discuss excerpts from this chapter. Advance reading is not required but encouraged. Copies of the book are available for sale or borrowing at the ORAIARH table on Sundays. For more information, contact Bert Skellie at [bertskellie@gmail.com](mailto:bertskellie@gmail.com) or 404-378-5883, for the Committee on Undoing Racism in the Atlanta Friends Meeting.

### **Myra Trap**

A hug of appreciation to Myra Trap for the beautiful spring gardening she has bestowed on the Meeting grounds. Be sure to thank her.

**Adult First Day Class-** May 2010 9:00 am  
The Bible as Literature led by Meg Harper  
The Bible has been many things to many people, from historical evidence to ethical guide to ideological proof-text. It is also a collection of stories, poems, and other forms of what we think of as creative writing. The notion behind this series is to look at the Bible using the sorts of eyes we use for reading literature and see what we may find. Some of the topics we'll explore in May are: poems and how they work: biblical verse other genres: prophecies, proverbs, rules, annals add Greek and stir: the New Testament left overs.

**ATLANTA FRIENDS MEETING OF THE RELIGIOUS SOCIETY OF FRIENDS**  
**2009 STATE OF THE MEETING REPORT**

The gifts of our community are many and varied. The spirit continues to move amongst Atlanta Friends Meeting (AFM) to support the ministry of our members, their well-being, and the material stability of the Meeting.

The Religious Education committee, led by the Spirit and with the hands of many Friends, started a quiet revolution in our First Day School (FDS) program for young Friends. An average of thirty to fifty young Friends attended FDS each First Day during the year and about ten during the summer weeks. Ten teachers and a new nursery coordinator, Dawanda Pearson, showed extraordinary commitment in nurturing the spiritual lives of the younger members of the community. The theme for the school year, "Living Your Faith, Loving Your Neighbor," let us explore how our lives reflect our values and our love for one another -- through sharing, storytelling, art, sacred stories, song, the revolutionary life of Jesus, and personal action. Green Friends taught a monthly class on the gifts of nature. Young Friends raised money for a Burundi meetinghouse building fund and Heifer International. Middle School Friends hosted a holiday bazaar fundraiser that showcased Meeting artisans and provided a means to reduce consumerism. The Meeting began to use a new approach and structure -- Godly Play® and Faith and Play curriculum -- with our youngest Friends.

The Young Friends Support committee, which oversees the youth programs and activities for the Meeting, conducted a job search to fill the Youth Program Coordinator position. This was a task made especially challenging by the excellent work of the departing coordinator, Laura Norlin, during her tenure in the job. After interviewing and evaluating applicants with a panel of six Meeting members, Aaron Ruscetta, a respected, long-time volunteer with the Southern Appalachian Young Friends (SAYF) program, was selected as the new coordinator.

The 2009 Treasurer's report indicated that the Meeting ended the year with a surplus of approximately \$270, with both expenses and income about 7% below budget. Contributions to our general fund, though slightly higher than in 2008 (\$112,000 versus \$109,000), were over \$21,000 less than budgeted. However, rental income totaled over \$16,000, twice as much as expected. As usual, a small number of people made the majority of contributions to the general fund (25% of the money contributed was from eight donors). We noted a decline in contributors from 166 in 2008 to 159 in 2009. Contributions to special funds were significantly higher than in 2008 primarily due to the Ferguson Cabin fundraising efforts.

The Meeting wished a fond farewell to our good Friend -- and Friend in Residence -- Valerie Barlow, as she left for another job opportunity. While we were sad to see her leave, in December we were happy to greet the new Friend in Residence, John Roberts, who was selected after an extensive search process. At year's end, we looked forward to fully welcoming him into the life of the Meeting in 2010.

The Social Concerns committee continued to be active regarding climate change, peace building, racism, and various forms of outreach to the wider community of Atlanta. The committee also felt called to address additional concerns and minister more to people in need, especially during the economic crisis. However, this desire to more actively nurture Friends' peace and justice leadings was difficult to fulfill due to the shortage of committee members and energy necessary to follow all of the ways opened.

The Green Friends group felt a strong moving of the Spirit to join with others worldwide in "Climate Action" to stop global warming. Beginning with a March forum about the Transition Towns movement, activity focused on the approaching Copenhagen Climate talks. A British Friends' Minute on Climate Change was shared with the Meeting and then sent to SAYMA for further consideration. Two spiritually uplifting and well-attended vigils were organized -- one was by the permanent new "EarthCare Not Warfare" banner on the Meetinghouse grounds and the other was a candlelight vigil on Decatur Square in concert with many other community groups.

The Meeting continued its anti-racism work through the Committee on Undoing Racism in Atlanta Friends Meeting (CURAFM) and Our Roles as Individuals in America's Racial History (ORAIARH). These two groups co-sponsored four anti-racism workshops: Ethnic Identity, Early Experiences of Race, White Privilege, and Whites as Allies against Racism (the first two of which were also presented at SAYMA). Friend in Residence, Valerie Barlow, helped plan and facilitate several of these workshops as part of her ministry. CURAFM and ORAIARH also sponsored a visit to AFM by the authors of *Fit for Freedom, not for Friendship: Quakers, African Americans, and the Myth of Racial Justice*.

Three families of Burundi Friends enriched the life of our meeting, by participating actively through attendance and vocal ministry at Meeting for Worship, singing in Kirundi and English before meeting, participating in and bringing additional Burundi children to First Day School, attending Bible Study, volunteering in the kitchen, and attending SAYMA. The Refugee Support Group assisted them through carpools, ESL tutoring, material assistance, collecting donations for a church building project in Cene Monthly Meeting in Burundi, making contacts to try to bring relatives from a refugee camp to the U.S., and helping sponsor a trip to Mid America Yearly Meeting (Evangelical Friends) on the historic occasion of the 75th anniversary of the founding of Friends Church in Burundi. We continued to be blessed by the presence of Burundi Friends who, through their strong religious commitment and widening interactions with other F/friends in the meeting, added a new dimension to our spiritual lives.

The Administration Committee's work centered on hiring and staff support, long-term visioning, and financial discernment. We approved employee grievance procedures; discussed general principles regarding employee relations, policies and practices; and created a new volunteer position called Personnel Liaison. In the midst of this policy work, the committee facilitated the hiring of

three new employees and created a new employee position: nursery coordinator. Much of the committee's work focused on the long-term well-being of the Meeting. Administration spent considerable time analyzing and then approving changes to the Meeting's insurance policy. Our work was particularly informed by financial concerns because contributions were down from 2008; therefore, we decided to replace some, but not all, HVAC units. We did a good amount of work vetting long-term rental agreements, and the office coordinator, Jonah McDonald, brought in many short-term rentals. We recommended that employees receive a 3% cost of living allowance (COLA) pay increase for 2010. Finally, the committee struggled with one internal issue that it was unable to reach clearness on: whether or not to continue with regular readings and discussions on race and prejudice as a way of reflecting on personal racism and the possibility of racism in committee decisions.

The Ferguson Cabin committee increased in size and strength, both in members and spiritually, as efforts coalesced to prepare for building a small new cabin with modern bathroom facilities. The cabin property saw much greater use (by more than fifty people) in 2009, as well as growing appreciation of this beautiful, wild land on Lake Burton. Enthusiasm within AFM increased as well, helping achieve most of the sizable fundraising goal. A significant part of the first phase building work was accomplished and will resume in the spring of 2010.

The Care and Counsel committee greeted the youngest members of our community in May, welcoming in the newborns from the last year. We also said goodbye to some, with memorial services for Meg McDonough and Ski Helenski, among others. The committee held a luncheon for the elders of our community, both to honor them and to find out what they needed from AFM and what they could offer. The first tangible result of this luncheon was a bench outside the front door of the Meetinghouse to allow elders to greet the community as they arrive to meeting. Other activities included a volunteer appreciation breakfast, a forum on wills to help members make informed late-life decisions, and helping to set up 'friendly eights' groups which enabled members and attenders to get to know one another in small groups. Also, the physical needs of the Meeting were attended to by sending memorial cards, bringing meals, arranging transportation, loaning out the care quilt, and bringing meeting to those who could not attend.

The Educational Scholarship Fund Committee awarded \$500 college scholarships for the 2009-2010 school year to seven young people associated with the Meeting.

The Ministry and Worship committee continued to seek ways to help everyone feel welcome, accepted, and nurtured. Our Meetings for Worship reflected the diversity of our community of regular participants and the many visitors who joined us. Spoken messages in Meeting for Worship included spiritual, personal, and political ones; we endeavored to receive these messages in the spirit that each may have meaning for some, if not all, who were present. Several opportunities for weekly worship at the Meetinghouse were available, not only on First Days, but also on weekday mornings and Wednesday evenings. In addition to the continuing weekly Bible study group, adult religious education class, and spiritual nurture group, a new Wednesday evening worship with silent and occasionally semi-programmed worship was successfully begun. The committee coordinated clearness committees for membership and marriages. The year brought four new members by application: Christina Repoley, Annamarie Harmon, Heather Barbour, and Harry Lefever, and four transfers in from other meetings: Maia Hallward, Stoph Hallward, Denny Webster, and Jenny Foster. One member transferred out: Ian Simpson. There were two marriages under the care of the Meeting: Hannah MacDermott and Laura Norlin, and Caroline Morris and Mike Aland. Clearness committees arising from spiritual leadings included School of the Spirit and two members' yearly visit to North Carolina Yearly Meeting, Conservative.

Work of the Advancement committee was conducted as an adjunct of the Ministry and Worship committee. The Carrollton and Rome, Georgia, worship groups were visited, and phone contact with both was maintained. The committee also handled requests for contact with Friends in other Georgia communities -- Columbus, Macon, and Griffin.

The Nominating committee continued to pursue ways to match the gifts and leadings of members and attenders of the Meeting with the needs of the community. Recognizing that people's professions may not be their avocations, the committee sought to help them identify the latter. Most major positions were filled by year's end. The Meeting continued to support and to hold in the Light the leadings of members, such as Mary Ann Downey and Bill Holland in their traveling ministries work with other Friends meetings.

This indeed is a "blessed and beloved community." While more hands are always needed for the work of the Meeting, we look forward to 2010 with hopeful hearts so that we can continue to grow in spirit as we reach out to others.

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**Atlanta Friends Meeting**  
**Meeting for Worship with Attention to Business**  
**4rd Month 21, 2010**

Recorded Pending Approval

Meeting opened with silent worship.

Georgia Lord presented the Query “Do you promote social justice and make your life a testimony to fair dealing? Do you oppose the use of land, labor, technology, and capital for human exploitation or in ways destructive to other living things? (Baltimore Yearly Meeting of Friends, Stony Run)

In attendance were: Michael Allison, Steve Collins, Mary Ann Downey, Julia Ewen, Susan Firestone, Judith Greenberg, Roland Heath, Bill Holland, Suzan Kenworthy, Tom Kenworthy, Elizabeth Chris Lahowitch, Lamb, Lynn Leuszler, Beth Martinson, Rick Martinson, Alison Mawle, Steve McLaughlin, Karen terHorst Morris Ronald Nuse, Marguerite Rece, Christina Repoley, Meredith Reynolds, Marthajane Robinson, Bert Skellie, Karen Skellie, Myrna Trapp, Perry Treadwell, Alan Watts, Denny Webster, Jane Wellborn, Mark Wutka, Caroline Noyes (Recording Clerk), Georgia Lord (Clerk). (33 Friends)

1. **Ministry & Worship:** Suzan Kenworthy reported on the marriage of Barbara Seal/Don Schreiber on March 21, 2010 where they exchanged the following vows:

In the presence of God and these our family and friends, I take thee Donald (also known as Cliff)/Barbara to be my husband/wife, promising with Divine assistance to be unto thee a loving and faithful wife/husband so that as partners we can build a home that reflects our love with simplicity, honesty and commitment, so long as we both shall live.

Ministry & Worship has received a letter of transfer from Chestnut Hill Friends Meeting for Marthajane Robinson. Final approval for her membership transfer will be sought in 5th month.

Ministry & Worship is working on various strategies to address a concern about latecomers to Meeting for Worship, and welcomes thoughts and suggestions. Friends approved the following minute:

Minute 10-4-01: the sense of the Meeting is that the quality of our worship is noticeably strengthened when Friends arrive on time. We appreciate that this is sometimes difficult to do and recognize any extra efforts Friends make to adhere to this discipline on behalf of our community.

2. **Administration:** Karen Morris: presented a review of the work of the Office Coordinator for the last six months. The Office Coordinator opens and closes the building during the week, works with the Meetinghouse Committee clerk to coordinate building maintenance and repairs, coordinates volunteers, facilitates and coordinates rentals, and fields questions about both Quakerism and those in charge of various tasks. The Office Coordinator asks that when Friends seek him out on First Day with requests for “Office Coordinator” services they should, on most First Days, submit requests in writing so that he can attend to them during his weekday office hours. One week per month he will offer “Sunday Office Hours” to address requests at the rise of Meeting.

3. **Nominating Committee:** Steve Collins brought forth Bill Holland for membership on Ministry & Worship, and Jack Hondard as an appointed member of Administration. Final approval for both will be sought in 5th month.

4. **State of the Meeting report:** Steve Collins reported that the two-page report is complete and will be included in the Atlanta Friends Meeting Newsletter. A longer version of the report will also posted on the Meeting web site.

5. **Treasurer’s Report:** Meredith Reynolds reported that there has been \$25,234 raised through March 31 and expenses of \$45,922. Total income thus far in 2010 represents 17.6% of the budget. The deficit of \$20,688 is substantially higher than the deficit of \$7,715 at the end of March 2009. Contributions of \$19,957 are down significantly from this point last year (\$24,000) while rental income is on track. Expenses are higher than budgeted because of the HVAC replacement and the parking lot repairs. There is still cash on hand thanks to reserves set aside in anticipation of deficits early in the year.

6. **Clerk’s items:** Georgia Lord encourages Friends to contribute to the Educational Scholarship Fund,

which provides financial support for post-secondary education.

7. **Approval of Minutes** of Third Month Meeting for Worship with Attention to Business  
Minute 10-04-02: Atlanta Friends Meeting approves the minutes of Meeting for Worship with Attention to Business of Third Month 2010 with no corrections.

7. **Other items:** The Fundraising Committee is planning a fundraiser in June involving a four-course meal cooked by Rick Stoops to be held at the Meetinghouse. Mary Ann Downey provided a report of her supervision of Christina Repoley as she pursues her M.Div. at Candler Seminary.

Meeting closed with silent worship.

Respectfully Submitted,

Georgia Lord, Clerk

Caroline Noyes, Recording Clerk

### **Religious Experience**

There is much about religious experience that is ineffable (beyond words) and beyond intellectual comprehension. Yet, we often have a desire to share our experiences with others or to talk about the nature of religious experience in general. One way we do so is with the use of metaphors and/or with reference to the five human senses. Here are a few examples:

Vision - the light within, darkness turned to light, night turned to day, creating and viewing paintings and sculptures

Hearing - the still small voice within, listening to the spirit's voice, chanting, creating and listening to vocal and instrumental music

Smell - use of incense and candles

Taste - use of bread and wine in the ritual of mass or communion

Touch - laying on of hands for healing or ordination, holding hands in a circle, touching another's arm or shoulder as a sign of caring.

I'm sure you can think of other examples. Harry Lefever

Ludwig Wittgenstein's spiritual experience

Novelized in [A Madman Dreams of Turing Machines](#) by Janna Levin

"The great architecture of the world and ordinary language would create a frame for the most precious of all – that which cannot be said. *What we cannot talk about we must pass over in silence.*"

**Mysticism:** "The attainment of a personal conviction by an individual that the human spirit and the divine Spirit have met, have found each other, and are in mutual and reciprocal correspondence as spirit with Spirit."

Rufus Jones, *The Trail of Life in the Middle Years*

"Drink with me, play music with me, love with me, wear a crown with me, be mad with me when I am mad and wise with me when I am wise." Attributed to Bishop Athenacus of Alexandria, 4<sup>th</sup> century

A retired couple

Wife: What are you going to do today?

Husband: Nothing.

Wife: You did that yesterday!

Husband: I didn't get finished!

From Doug Unfug

## Calendar for Fifth Month 2010

### Area Meetings for Worship

Every First Day, 10:00 a.m.— In the Meeting Room and a small meeting in the Library.

Every First Day, 12:30 p.m. — Carrollton Friends Worship Group, St. Andrew United Methodist Youth Center, 1106 Maple St, Carrollton, lessell.bray@gmail.com or 770-830-8705.

Every 2nd and 4th First Day, 10:00 a.m. — Canton Friends Worship Group, 360 E. Marietta St, Canton, 12:00 p.m. Contact Marty Bray for more information: 770-830-8705 or lessell.bray@ gmail.com

Every Fifth Day, 12:10 p.m.— First Thursdays at AFSC office, 189A Sams Street, Decatur, GA, 30030.,

Every other Thursday at East Lake Commons, 404-378-5883 or bertskellie@gmail.com.

Every Sixth Day, 8:45 a.m.— Friends School of Atlanta, 862 Columbia Drive, Decatur, GA 30030, 404-373-8746.

Mon-Fri Morning Worship, 8:30 – 9:00: In the library at Atlanta Friends Meetinghouse. Contact Jonah McDonald, 404-377-2474, afmquakers@hotmail.com

### Weekly Events

#### Every First Day (Sunday)

9:00 Adult Religious Education

9:15 Singing, Classroom A/B

10:00 Meetings for Worship

#### Every Week Day (Monday – Friday)

8:30-9:00 Morning Silent Worship, Library

#### Every Second-Fifth Day (Monday-Thursday)

8:30-12:30 Smart Toddlers, Nursery playground

#### Every Third Day (Tuesday)

7:30pm Silent Meditation, Meeting Room

7:30pm Bible Study, Library

#### Every Fourth Day (Wednesday)

7:00-8:30 Mid-Week Semi-Programmed Worship Mt. Rm

### Other Events

#### 5/2 First Day (Sunday) Potluck

11:30am – 2:00pm Green Friends, Classrooms A/B

#### 5/5 Fourth Day (Wednesday)

6:45-9:45 Administration Committee Meeting, Library

#### 5/ 6, Fifth Day (Thursday)

7:30pm – 9:00pm, Meeting for Peace, Jr. High Room

#### 5/9 First Day, (Sunday) 11:30 – Listening Ear for concerns about racism, Atrium

11:30-2:00 Care and Counsel, Jr. Teen Rm.

11:45-2:00 Ministry & Worship, A&B

11:45–2:00 Religious Ed, Nursery

11:45-2:00 Finance, Library

#### 5/12, Fourth Day, (Wednesday)

7:30-9:30 Our Roles as Individuals in America's Racial History, Library

#### 5/13, Fifth Day (Thursday)

7:30-9:30 Social Concerns Meeting, Library

#### 5/16, First Day (Sunday)

11:15-12:00 Celebration of Graduates Worship Sharing, Meet Rm

12:15 Meeting for Worship with attention to Business

#### 5/23, First Day (Sunday)

10:00-11:00 Celebration of Youth, Meeting Room

11:45-1:45 CUR-AFM Forum: "African American Membership in the RSF", Library

#### 5/18 Newcomers Dinner place to be announced

5/21, Sixth Day (Friday) Deadline for 6<sup>th</sup> Month newsletter

Please confirm unique events by checking the announcements sheets and or contacting the Meeting

Atlanta Friends Meeting  
701 West Howard Avenue  
Decatur, GA 30030-2902  
Phone: 404-377-2474

ATLANTA FRIENDS MEETING  
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Georgia Lord 770-934-7523: Georgia\_Lord@mindspring.com  
Treasurer: Meredith Reynolds, 404-683-3096: afmtreasurer@yahoo.com  
Newsletter Editor, 404-325-1504, perryt@bellsouth.net  
Office: Hours M-W-F 9:30 a.m.-12:30 p.m.; E-mail address: afmquakers@hotmail.com

NAMETAGS: If you would like to have a permanent nametag made, leave a request in one of the baskets on the front table. Indicate whether you prefer one that hangs around the neck or that pins. When Carol Gray has made one for you, it will be placed in the black file box on the greeting table.

If you would like to be included in the AFM database and receive the Newsletter by mail and/or appear in future AFM Directories, please send your name, address phone, e-mail address, etc to Nina Gooch by e-mail at ninagooch@gmail.com or by phone 404-371-9873. Please indicate if you want to be in the directory, receive the newsletter by mail, or both. This also applies to any change in existing database information, e.g. change of address.

To receive AFM newsletter notices via e-mail, simply send a blank e-mail to afmnewsletter-subscribe@yahoogroups.com from the address where you want to receive the newsletter. You will receive a note back from Yahoo asking you to confirm your subscription; simply hit reply and you will be added to the list. There is no subscription fee for the newsletter.

To receive general announcements and participate in discussion, follow the same instructions only address the note to afmdiscussion-subscribe@yahoogroups.com. To receive announcements relating directly to the life of the meeting, send the same note to afmannouncements-subscribe@yahoogroups.com.

Contributions to the Atlanta Friends Meeting can be placed in the slot marked "Contributions" in the greeting area of the Meetinghouse, or mailed to the Treasurer at the above address. Thank you!

**DEADLINE FOR 6TH Month newsletter: 5th Month 21**

Readers are encouraged to submit letters, articles, poetry, calendar notices and anything else of interest to Friends. Items should be sent directly to: Perry Treadwell perryt@bellsouth.net 404-325-1504 preferably in plain text in the body of the email.

*This newsletter is a publication of the Atlanta Friends Meeting. Views expressed are those of the authors and not necessarily those of the Atlanta Friends Meeting*